



PERFORMANCE NUTRITION PHD STUDENTSHIP IN PARTNERSHIP WITH THE UNIVERSITY OF BIRMINGHAM

About the role

A unique opportunity has arisen for an exceptional candidate to complete a Doctorate within the School of Sport, Exercise and Rehabilitation Sciences at the University of Birmingham in collaboration with Swansea City Football Club related to performance nutrition in elite professional football. In addition to the completion of the academic requirements for this award the successful candidate will also provide appropriate performance nutrition support as part of the Performance department with the first team at Swansea City. The position is aimed at providing the successful candidate an opportunity to train to become a performance nutritionist in elite professional football.

What will you be doing?

The research project is not set however, investigations should focus on nutritional manipulation to increase performance, adaptations and/ or recovery so that players are able to compete consistently at the elite level. The candidates are expected to have a high level of scientific knowledge around the physical demands of football and have an interest in how nutrition can support training and match play. They should present their own ideas during the interview process. The successful candidate will work predominantly with the first team but may also assist with nutritional support and workshops with academy players.

Who are we looking for?

The successful candidate will hold a postgraduate degree in sports nutrition (or relevant discipline) from a recognised university. Knowledge of the physiological demands of football and nutritional approaches to increase performance and adaptations is essential. Additionally, experience of working with players on a one-on-one and group level is necessary for this role. The candidate must be an excellent role model with extremely high levels of motivation. Experience of handling food data management software is advantageous.

Who should apply?

This is a full-time PhD position and is based at the Swansea City Football Club Training Ground (Fairwood, Swansea) often working through the week and at weekends. This role will help develop you as an applied practitioner and researcher within the Sports Science and Medicine industry in High Performance Sport.

Funding

The position will be funded for a 3-year period, subject to satisfactory progress of the individual in the role. Funding will cover tuition fees at the UK (Home) student rate for three years, alongside a living stipend at the UK Research and Innovation (UKRI) rate (£21,805 per annum, paid in 12 monthly instalments). Funding for tuition fees is limited to the UK (Home) fee rate, and any additional fees applicable to international students will not be covered by the studentship.

Application

To apply, please submit a covering letter and current CV for the application before the deadline of 30th October 2026. For any further information, queries and to apply for the role please email Dr Liam Anderson on L.Anderson.4@bham.ac.uk



GENERAL STATEMENT

Should an adequate number of applications be received prior to the closing date, we reserve the right to remove this advert.

Due to a high demand in applications we will be unable to respond to those applicants who have not been shortlisted for interview.

SAFEGUARDING & WELFARE

The Company is committed to safeguarding and promoting the welfare of children and young people involved in activities and event at the Company. As part of the Company's recruitment and selection process any offers of work involving working in regulated activity with children are subject to a satisfactory enhanced DBS Disclosure and barred list check (depending on the level of supervision, frequency, and nature of contact with children).

The Company may also conduct online searches of candidates who have been shortlisted as part of its safer recruitment procedures. Appropriate references will be required.

EQUALITY, DIVERSITY & INCLUSION STATEMENT

Swansea City AFC strives to ensure it provides an environment where everyone's rights, dignity and individual worth is respected and takes a zero-tolerance approach to any form of discrimination. Equal Opportunity is an integral part of our recruitment and selection process, and we welcome applications from all individuals who feel they meet the core requirements of the role.

We are particularly encouraging applications from women, disabled people and individuals from diverse ethnic communities who are currently under-represented within the organisation.

All appointments will be made on merit of skill and experience relative to the role.

