



JOB DESCRIPTION: YDP Physical Development Coach

Department	Academy
Report to	Lead Physical Development Coach
Direct reports	YDP Work Placement Student
Key Relationships	YDP Age-Group Technical Coaches, PDP Physical Development Coach, YDP Physiotherapist
Remuneration	£20,000.00 to £22,000.00 per annum
Benefits	<ul style="list-style-type: none"> • Medical Insurance & Health Cash Plan • 25 Days Holiday plus bank holidays • Enhanced Company Sick Pay • Cycle to Work Scheme
Contract	Full Time (40 hours)
Working Schedule	<p>The role requires an individual who can perform such hours as necessary to complete their roles and responsibilities.</p> <p>The position will involve working irregular hours (e.g., evenings/Saturdays/Sundays/Bank Holidays) based around team schedules.</p>
The Role	<p>Working within the Academy Physical Development Department, the employee will lead the Youth Development Phase (YDP) (U13-16)</p> <p>The employee will lead the athletic development to the YDP to optimise the potential of all players, including individualised programmes to develop athletic qualities and increase robustness, which are age appropriate and specific to the needs of the player.</p>
Roles and Responsibilities	<ul style="list-style-type: none"> • Deliver and manage the physical development programme for the YDP • Assist with the management and collection of appropriate testing and screening tools to monitor and measure all Academy players physical qualities, including PL testing and PMA system • Provide feedback to the Lead Physical Development Coach on the YDP physical development programme • Encourage an interdisciplinary approach of working within the Academy performance department that includes close links to all areas of the Club • Support the education of all Academy player's and parents in terms of physical development, including injury prevention, injury care, recovery, nutrition, and lifestyle away from the training ground • Work together with universities to supervise, co-ordinate, assist and educate the Academy physical performance MSc work placement students



	<ul style="list-style-type: none"> • Participate in key topic research to provide clinically based evidence for current and new physical development practices • Participate in internal and external professional development activities and demonstrate a commitment to undertake on-going formal education programmes • Carry out any other reasonable management requests 	
General	<ul style="list-style-type: none"> • Follow all Club Policies, such as Equality & Diversity, Health & Safety, Safeguarding, Anti-Corruption & Bribery and GDPR. • Adhere to a strict Code of Confidentiality in respect of any information relating to Swansea City Football Club and its operation • Make suggestions to improve the working environment and contribute to positive employee relations within your area of work and Swansea City Football Club as a whole • Take reasonable care for the health and safety of yourself and other employees and members of the public who may be affected by your acts or omissions at work • Comply with all aspects of the Swansea City Football Club Health and Safety Policy and Arrangements, to enable the Company to perform its civil and statutory obligations in relation to Health & Safety • Ensure effective communication within your work team and across Swansea City whilst actively offering support and guidance, as necessary 	
Person Specification	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> • Undergraduate degree in Sports Science, S&C or related subject • Recognised certification in S&C related competence (e.g. NSCA, UKSCA, ASCA etc.) (or achievable within 6 months) • FA First Aid (BFAS) Certificate 	<ul style="list-style-type: none"> • Postgraduate degree in Sports Science, S&C or related subject • Evidence to show a desire for continued self-development
Skills, Knowledge and Experience	<ul style="list-style-type: none"> • A minimum of 2-3 years post qualification experience in the provision of physical development support to youth athletes in a sporting environment • Good level of coaching and programming skills around all areas of physical development within youth football 	<ul style="list-style-type: none"> • A minimum of 1 year working within professional sport in an elite sporting environment



	<ul style="list-style-type: none">• Knowledge on the profiling and screening of athletic qualities within youth football• Good knowledge on the stages of growth & maturation, as well as the impact of maturation on physical development, and subsequent interventions• Experience of working in pressurised situations and to deadlines• Excellent communication and interpersonal skills• Excellent written and IT skills• Ability to adapt and change at short notice	
Attitude/Behaviours	<ul style="list-style-type: none">• Proactive mentality• Thinks ahead with a “can do” attitude• Generates innovative ideas• Works well in a cognitively diverse performance department• Loyal and committed• Ability to adapt quickly• Strong team ethos	
Personal Qualities	<ul style="list-style-type: none">• Takes pride in ensuring a high quality of work• Highly organised and able to manage multiple tasks• High importance on self-development• High level of confidentiality• Willingness to learn• Ability to work unsupervised	

This role will require an enhanced DBS check.

The closing date for this vacancy will be **26th April 2022**.

If you believe you have the right mix of skills for this position, please complete the Application Form available [here](#)



Equal Opportunities

Swansea City AFC strives to ensure it provides an environment where everyone's rights, dignity and individual worth is respected and takes a zero-tolerance approach to any form of discrimination. Equal Opportunity is an integral part of our recruitment and selection process, and we welcome applications from all individuals who feel they meet the core requirements of the role. We are particularly encouraging applications from women, disabled people and Black, Asian and Minority Ethnic (BAME) individuals who are currently under-represented within the organisation.

All appointments will be made on merit of skill and experience relative to the role.

The Company is committed to safeguarding and promoting the welfare of children and young people involved in activities and event at the Company.

As part of the Company's recruitment and selection process any offers of work involving working in regulated activity with children are subject to a satisfactory enhanced DBS Disclosure and barred list check (depending on the level of supervision, frequency, and nature of contact with children). Appropriate references are also required.

Should an adequate number of applications be received prior to the closing date, Swansea City AFC reserve the right to remove this advert.

Due to a high demand in applications the Club will be unable to respond to those applicants who have not been shortlisted for interview